

TO NOT TO DO LIST

PHONE CALLS



1.	LONG PHONE CALLS
2.	GHEEBAT
3.	LIE
4.	TAUNT
5.	ASKING ABOUT THINGS THAT ARE NOT RELATED TO ME

ERRANDS



1.	LYING IN BED LAZILY
2.	OVER ESTIMATE NEEDED FOOD
3.	BUYING THINGS THAT I ALREADY HAVE
4.	NOT HELPING OTHERS MONETARILY FROM FEAR OF DECREASE IN WEALTH
5.	MISSING PRAYERS BECAUSE OF SHOPPING WHOLE DAY

CORRESPONDENCE



1.	SPENDING EVERY WAKING MOMENT ON FACEBOOK
2.	BEING NOSY ABOUT WHAT OTHERS POST/LIKE ON SOCIAL MEDIA
3.	READING AND SENDING LAGHW MESSAGES/POSTS
4.	DISTURBING PEOPLE THROUGH SENDING MULTIPLE MESSAGES
5.	MINDLESS SURFING THE INTERNET

PROJECTS



1.	PICKING UP WHAT YOU KNOW YOU CAN'T DO
2.	LEAVING THINGS MID WAY/ HALF-DONE
3.	LEAVING DISHES/POTS DIRTY WHILE COOKING
4.	DOING HW, TESTS AT LAST MOMENT
5.	MISSING DEADLINES

MISCELLANEOUS TASKS



1.	BEING TOO STRICT WITH KIDS/HUSBAND
2.	USING HARSH SPEECH
3.	BEING SELF-CENTERED
4.	BEING FEARLESS OF ALLAH
5.	BEING ARROGANT